# WELCOME!

We are so excited you have chosen Ahl and O'Connor Orthodontics for your smile needs!



### PRIOR TO YOUR NEW PATIENT EXAM

Please fill out the New Patient Registration Form found on our website: <u>www.aoortho.com/forms</u>

Please bring your dental insurance information to the first appointment. Keep in mind, dental insurance is usually through a separate company than your regular medical insurance! If you have a referral from a dentist or any x-rays, please bring those as well.

# WHAT TO EXPECT DURING YOUR EXAM

When you arrive, please check-in with our friendly front desk staff. We will verify all forms have been completed and collect any remaining paperwork.

Next, you will be greeted by one of our skilled technicians who will take some initial records, which include photos and x-rays. After gathering initial records, you will meet with your Treatment Coordinator who will review dental and medical histories as well as your main orthodontic concern.

Next, the doctor will complete a full orthodontic examination. The doctor will then sit down and review her findings from the exam, what treatment is recommended, and how long treatment will take.

After meeting with the doctor, your Treatment Coordinator will review what the next few appointments will entail, details about our office, as well as insurance coverage and the cost of treatment. In total, the appointment will take about an hour.

We know time is valuable, so to save you an additional trip to our office, we leave time at the end of the consultation in case you'd like to start treatment that same day!

# **CONTACT US**

Please do not hesitate to reach out if you have any questions prior to your exam! You may call or text any of the numbers below. We are here for you!



**Dover Office** 1004 S. State St. Dover, DE 19901 (302) 678-3000

Milford Office 601 NW Front St. Milford, DE 19963 (302) 422-6007

### **Lewes Office**

17425 Ocean One Plaza Lewes, DE 19958 (302) 644-4100

**Email**: info@aoortho.com

Website: www.aoortho.com

**Facebook**: www.facebook.com/doverbraces

### **METAL BRACES**



Treatment using metal braces consists of silver brackets that are individually glued on each tooth. The colors that are shown in the picture are color ties that are placed over the brackets to hold the archwires in place. Color ties are changed at each appointment. If you do not want a color, you can choose silver or clear color ties and they will blend in with the bracket.

### **CLEAR BRACES**



Clear braces are a cosmetic option for people who don't want the look of metal braces. They work exactly the same as the metal braces. Clear braces are only placed on the top teeth. When you bite down, your top teeth bite on your lower teeth. Metal braces are more durable so they are able to better withstand strong biting forces. Your treatment time will be the exact same with metal or clear braces.

## INVISALIGN



Invisalign is a series of clear aligners that straighten your teeth over time. Along with the aligners, we place tooth-colored "bumps" on specific teeth called attachments. These attachments help us move teeth and they will be removed once treatment is complete. The doctor will determine which teeth will get attachments. Typically your treatment time with Invisalign is the exact same as it would be with metal or clear braces. If for some reason it would be different, the doctor will let you know during today's visit.

A referral from a dentist is not required to be seen at our office, but the patient should be up to date on all dental work prior to starting orthodontic treatment.

### EARLY TREATMENT (PHASE 1)



Sometimes early treatment using an appliance or limited braces is recommended before it's time for full treatment using Invisalign or braces.

Along with the American Association of Orthodontists, we recommend that a child receive their first orthodontic screening by age 7.

By seeing children early, we are able to recognize potential problems early and correct them before they become more serious. This not only saves you and your child time, but also money.

Early orthodontic treatment has proven to be beneficial for the overall desired result. Because a young child's permanent teeth have not finished erupting, we are able to evaluate the front-to-back and side-to-side tooth relationships thoroughly and address any impending orthopedic problems at its earliest stage.