

Congratulations on your beautiful smile from the AO Team!!!

Maintain your smile for a lifetime

*At Ahl and O'Connor Orthodontics, we advise our patients to wear their retainers 3-4 nights per week for the first year. Once your second year anniversary approaches; if your wisdom teeth have erupted or been removed, we advise wearing your retainers at least one time a week. If your retainer is tight when you place it in **or** if you are still waiting for the eruption of your wisdom teeth, continue to wear your retainers 3-4 times a week to maintain that beautiful smile.*

Should you have any questions or concerns, please do not hesitate to call our office. You are welcome to come to our office at any time after today; however, we will no longer be scheduling regular appointments. Please note, there will be a Co-Pay for any future appointments.

The AO team will always be here for you!

Continue to make the world a better place, one smile at a time!

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Chris M. J.