

Patient Success Agreement

Home Care Kit: This kit includes dental hygiene items useful to patients with braces patients. In this kit you will find a toothbrush, floss, and wax to help with your home care.



Brush Your Teeth 4x A Day: Brushing your teeth four times a day or each time you eat will ensure you keep your smile bright and healthy. Keep a toothbrush with you in your purse, backpack or locker.

Proxy Brush and Floss Threaders: Sometimes, it is hard to brush all the nooks and crannies with braces. The proxy brush will enable you to get to those hard to reach places. The floss threaders will simplify the flossing process.

Phosflur Rinse: Using fluoride rinse once a day while you are wearing braces will add extra protection against tooth decay. This should be done at bedtime so the fluoride can rest on your teeth throughout the night. One complimentary bottle will be provided with your home care kit.



Wax: If your appliances are poking or rubbing you should use the wax. Simply soften the wax between your fingers and place it over the area that is bothering you. This will keep you comfortable until the next time you are able to come to the office.

Achiness: There may be a dull, achy sensation after getting your braces on as well as after each adjustment. You can take Motrin, Tylenol or any pain medication you would typically use if you had a headache



Food List: There are certain foods you should avoid while having braces. Gum is not allowed. We need you to avoid anything sticky and chewy such as gummy bears, starburst, taffy, and anything that could pull on the wires and brackets. Foods that are extremely hard, such as ice cubes and hard candy, can damage the wires and cause loose brackets. Please cut things like apples and raw carrots into small pieces

Breakage: Please notify the office! Accidents happen; if you break a bracket, band or wire please call the office so you can get in as soon as possible. We want to keep your treatment on track. If you have an upcoming appointment please call the office and alert us to lengthen your appointment so we have time in the schedule to make your repair.



Breakage Fee: If there is an excessive amount of breakage (3 or more) you may incur a \$25 per bracket repair fee.

Emergency: If you are experiencing swelling, extreme pain, or have an injury, please contact our office immediately! If it is after business hours and you cannot wait until the next day, you can call our office and be prompted to our emergency help line.

Appointments: Our doctors will request appointments at specific intervals to keep your treatment progressing toward your bright new smile. It is important to keep each appointment. However, if you must cancel, please call our office as soon as possible and we will reschedule your appointment. Please note that excessive cancellations can prolong your orthodontics treatment. As you progress through your treatment, it is important for your oral health that you continue to see your regular dentist every six months for a checkup and cleaning.

Tardiness: Please call us if you are going to be late. We will do our best to accommodate you; however, your appointment may need to be rescheduled.

YouTube channel: Scan the QR code to review the Bonding video, then explore our page for other helpful tips for your orthodontic journey



SCAN ME

Patient's Name

Date

Patient's Signature

Responsible Party Initials

Witness Initials